WHAT AGE IS THE MOST COMMON FOR VULVOVAGINAL INFECTIONS IN URBAN AREAS OF SERBIA

INTRODUCTION
Vulvovaginal infections reduce the quality of life of a patient and her partner and can lead to health condition disorders, even to serious health problems if they are not treated. Therefore, they are of great interest for us in the primary care and we can do a lot on their treatment and prevention.

OBJECTIVE
The objective of this study is to determine what age is the most common for vulvovaginal infections.

MATERIAL AND METHODS
The survey was conducted with patients who visited their doctor for any reason in the period from 01.09.2014. to 31.10.2014., a total of 552 patients in several health centres in Belgrade (Serbia).

DISCUSSION
By analyzing the survey we came to the following data:
- The most common vulvovaginal infection problems are at the age 31-40, that is 42%. Almost the same percentage is among patients aged 21-30, that is 37%. Significantly lower rate of these infections is at the age 41-50, that is 17%, and without almost any problems are the patients under 20 years of age, only 3 %, as well as the patients aged 51-60, only 1%.
- At the age 21-40, when women are sexually most active, problems with vulvovaginal infections are found in 79% of women, which is almost 4 out of 5 of the total number of the surveyed.

CONCLUSION
Regarding the increased frequency of vulvovaginal infections in generative ages (21-40 years), when women are supposed to have children, it is necessary to give the most efficient therapy, emphasize the importance of general medical examinations and pay special attention on education and prevention of vulvovaginal infections.

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